



## Spring Programs

### Inside this issue:

<i>Spring Programs cont.</i>	2
<i>Friends of the Library</i>	2
<i>Youth Services</i>	3
<i>Summer Reading</i>	3
<i>Board of Trustees</i>	3
<i>Museum Passes</i>	4
<i>New Titles</i>	4

In cooperation with the Town of Uxbridge Board of Health, the Library is pleased to offer a series of programs called “**Be Your Own Health Care Advocate**”. With confusion on the new health care laws, Dr. Charles Lutton will attempt to help us make sense of the expectations, risks and benefits of health advocacy and tackle the most pressing health care issues in this community.

On **April 13th** we’ll examine “**Metabolic Syndrome**”, which is a cluster of conditions — increased blood pressure, elevated insulin levels, excess body fat around the waist or abnormal cholesterol levels —

that occur together, increasing your risk of heart disease, stroke and diabetes.

According to the Center for Disease Control, **Obesity** continues to be a major health concern. On **May 25th**, Dr Lutton will talk about the causes, risk factors, complications and treatment of this condition.

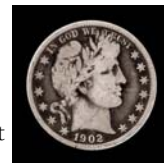
On **June 22nd** we’ll wrap up our spring health series with a more in-depth discussion of **Diabetes Mellitus**, affecting over 17 million people in the U.S.

We will resume our Be Your Own Health Advocate in the fall with discussions on heart

disease and cancer.

On April 15th, our special guest will be retired Postal History dealer Harry Brown who will share his love of **Stamp Collecting and Postal History**. Mr. Brown is a member of the American Philatelic Society, and will show some of his unique collection, particularly aero philately which is artwork signed by pilots in the early 1900s.

Calling all numismatists! We have a special program for all you coin enthusiasts on **Monday, April 19th** at 6:30pm. Matt



## Genealogy Workshops

Join us for our ongoing series of free Genealogy and Family History workshops from 10am to noon in the Main Reading Room of the Library on Saturday mornings led by Mike Potaski.

These workshops provide be-

ginners with the fundamentals of gathering and organizing information both to construct a family tree and write a family history. Advanced researchers will benefit from the exchange of information on research techniques and information resources and will have the

opportunity to share their experience with those just starting out.

To register, call the library at 508-278-8624 or stop by. At times, classes may be cancelled due to other commitments, so call ahead to confirm. Open to all interested parties.

*This newsletter was generously funded by the Uxbridge Free Public Library Board of Trustees.*

## Spring Programs continued...



"Hood's sensitive depiction of her characters hopes and fears makes for a moving story of dedication, forgiveness, and love." -Publishers Weekly

Erskine and Bob Moffatt, members of the American Numismatic Association will be here to present a program on **Coins and Coin Collecting.**

**From Inspiration to Publication: one man's journey to authorship** will be presented by Neal Sanders, author of *Murder Imperfect*, on **Thursday, April 22nd at 7pm.**

Learn how Sanders was able to follow his dream of becoming a published author.



The Library will be buzzing on **Thursday,**

**April 29th** when beekeeper Tony Lulek introduces us to **Bees & Beekeeping.** Learn about modern day beekeeping, look for the queen in his demonstration hive and sample and buy some of his bee products! This program is generously sponsored by the Library Board of Trustees.

Mark your calendar for **Thursday, May 6th, 6:30pm** when adventurer **Phil Buck** returns from the jungles of Bolivia to tell us about his upcoming voyage on the **Viracocha III!** Buck and his crew will embark from Boston later that month and sail 7,000 miles to Egypt, retracing a trade



route existing before the time of the Vikings. If you're a fellow adventurer, or even just an armchair enthusiast, you won't want to miss this exciting presentation, generously sponsored by the Library Board of Trustees.

Horticulturist **Bob Beland** will offer **Organic Gardening from the Ground Up**, safe, nontoxic solutions to beautiful gardens on **Thursday, May 20th.** This program will be held offsite at his nursery, and directions will be given at registration.

On **Monday, June 7th, from 6-8pm**, the Library is pleased to welcome **celebrated author Ann Hood** for a special reading and book signing! Her new book, *The Red Thread*, will be published in May 2010 and is the story of six couples adopting babies from China. The Chinese legend of the red thread is that our children are connected to us by an invisible red thread. No matter how tangled or frayed it becomes, our child is waiting for us at the other end. Who is at the end of your red thread? (from <http://www.annhood.us>)



Please register for any of our programs by visiting the library or calling us at 508-278-8624. to ensure sufficient seating.

All programs are free and open to the public.

The Library will begin Summer Hours the week of May 24-28

Mon 10-8  
Tues & Wed 10-5:30  
Thurs 10-8  
Fri 9-2  
Closed Sat & Sun

## Friends of the Library

**Spring Book & Bake Sale**  
The Friends of the Uxbridge Library will host their annual Spring Book & Bake Sale on Saturday, May 15th, from 9 AM – 1 PM. Donations for the book sale will be accepted in late April at the library. Books, CDs, and videos in good condition will be accepted. Please, no magazines, encyclopedias or Readers Digests. If you are

interested in baking or assisting with this event, please contact the library.

### Board Openings for the Friends

The Friends are anticipating openings on the Board this year. If you would be interested in serving on the Board, stop by at one of our monthly

meetings, or send a letter of interest to: Amanda Ayers-Nominations, Friends of the Uxbridge Library, PO Box 591, Uxbridge, MA 01569.

### Spelling Bee Update

This year's Spelling Bee has been postponed until September. Watch for more details in the coming months!

### Friends and Usborne Grant Benefit Library

The Friends of the Uxbridge Library donated \$250 in a grant matching program by Usborne Books. Children's Librarian, Debra Young, was able to make selections with the grant for the purchase of Usborne Books, including the much sought after Conspiracy 365 -12 book set.

## Youth Services

Mark your calendars for the Annual Kids Fair on Saturday, April 17th from 10am-1pm at the Uxbridge Community Center. The Uxbridge Free Public Library will have a table there to promote library services—stop by and say hello!

Roy Drew will return for a second performance on Wednesday, April 21st at the Drop-In Story Hour at 10:30am. Roy is a gifted storyteller/puppeteer. This pro-

gram is sponsored by a grant from Beginning Bridges and the Massachusetts Department of Early Literacy.

The Teen Advisory Board will meet again on Thursday, April 29th at 6:30pm. That night we will be welcoming a special guest, Laura McCarthy, who reviews young adult, middle grade and picture books. Her work has enabled her to meet several popular authors, and she maintains a blog called

Laura's Review BookShelf. If you'd like to read her blog, go to <http://laurasreviewbookshelf.blogspot.com/>

The Teen Advisory group meets once a month and assists with programming, materials purchase and overall guidance of all matters that have to do with library teen activities. We are always looking for new TAB members, so be sure to stop by and bring a friend!



*Join us for a special visit by puppeteer Roy Drew on April 21st!*

## Summer Reading

Our very popular Summer Reading Program will begin June 21 and run through August 6th., and the this year's theme is Go Green at Your Library! This seven week program will encourage patrons of all ages to read the summer away. There will be giveaways, prizes and programs throughout the summer, so be sure to

check the library website, cable station and local newspapers for updates!

The Kick-Off will be on Monday, June 21st (the first official day of summer) with a special performance by Peter and Ellen Allard, followed by an Ice Cream Social sponsored by the Friends of the Library.

The concert will begin at 6:30pm and is FREE!

On Monday, June 28, magician Steve Rudolph will present his Going Green Magic Show at 6pm. Again, this program is FREE!

More information on these and other programs will be available as the time grows closer.

**Go Green at  
Your Library  
this summer!**

## Library Board of Trustees

The Board of Trustees for the Uxbridge Public Library meets every third Tuesday of the month, except July. All meetings are open to the public unless otherwise stated. Meetings begin at 7:00 PM in the Main Reading Room.

The meetings for the next

quarter are scheduled as follows:

April 20th  
May 18th  
June 15th  
July—no mtg  
August 17

There are currently openings for two new Board members.

If you are interested, please contact one of the Library Board of Trustees officers for more information.

### **Officers**

Mark Francis, Chairman  
Judith Lynch, Vice Chair  
Cathy Parker, Secretary  
Arthur Jackman, Treasurer

### **PageTurners**

#### **Book Discussion Group**

In cooperation with the Council on Aging, the Library is offering a monthly book discussion group held at the Senior Center. If you love to talk about books, good and bad, stop by every second Thursday from 1-2pm. You might just discover a new author you may have missed!

## Uxbridge Free Public Library

15 No Main St  
Uxbridge MA 01569  
Phone: 508-278-8624  
Childrens Room 508-278-8621  
Fax: 508-278-8618  
<http://uxbridgelibrary.org>  
Email: [director@uxbridgelibrary.org](mailto:director@uxbridgelibrary.org)  
[youthservices@uxbridgelibrary.org](mailto:youthservices@uxbridgelibrary.org)

### Library Staff

Jane Granatino, Director  
Debra Young, Assistant Director/Head of Children's Services  
Carol Caffrey, Library Assistant  
Deidre Girard, Library Assistant  
Betsy Youngsma, Library Assistant  
Christine Hutchinson, Library Assistant  
Judy Byrnes, Library Assistant  
Rebecca Brule, Page  
Kylie Krause, Page  
Tom Ames, Custodian



## Museum Passes

Due to the generosity of the Friends of the Library and the Board of Trustees, we are able to offer several discount Museum Passes, which you can now reserve online! Using the Library Insight software, pass availability can be checked either by museum OR by date—just visit our website, enter your library card number, click and reserve!

In order to reserve a Pass, you must have a valid CMARS library card (with no outstanding fines/fees) and a PIN (personal identification number). You may reserve a pass up to three months in advance with this system. If you prefer to have library staff make a reservation for you, please have your library card with you when you come in. Individual passes may be free or have a small co-pay, depending on the museum. Most allow 4 discounted tickets per use. For more information, call the library at 508-278-8624 or 508-278-8621 or visit the library website at <http://uxbridgelibrary.org>.

Museum of Science, Boston  
Higgins Armory Museum, Worcester  
Old Sturbridge Village, Sturbridge (coming soon)  
Davis' Farmland/Mega Maze, Sterling  
Ecotarium, Worcester  
Museum of Fine Arts, Boston  
Massachusetts State Parks Pass  
Mystic Aquarium, Mystic CT  
Mystic Seaport, Mystic, CT  
Children's Museum, Providence RI  
Roger Williams Park Zoo, Providence  
Salem Witch Museum, Salem  
Tower Hill Botanic Garden, Boylston (courtesy of the Blackstone Valley Garden Club)  
Pawtucket Red Sox, Pawtucket, RI (coming soon)  
Garden in the Woods, Framingham (coming soon)  
New Bedford Whaling Museum, New Bedford (coming soon)  
Southwick's Zoo (coming soon)  
Broad Meadow Brook, Worcester  
Museum of Russian Icons, Clinton



## New and Noteworthy Titles

### Fiction

*House Rules*/Picoult  
*Caught*/Coben  
*Immortal Life of Henrietta Lacks*/  
Skloot  
*Known to Evil*/Mosley  
*Secrets of Eden*/Bohjalian  
*Silent Sea*/Cussler  
*The Weed That Strings the Hangman's  
Bag*/Bradley  
*Wild Ride*/Crusie

### Nonfiction

*Every Day in Tuscany*/Mayes  
*The Man Who Ate His Boots*/Brandt  
*No Apology*/Romney  
*Staying True*/Sanford  
*Courage and Consequences*/Rove  
*American Passage*/Cannato  
*Joker One*/Campbell  
*100 Heartbeats*/Corwin

### Audiobooks

*The Chopin Manuscript: a serial  
thriller*/various authors  
*My Father Maker of the Trees*/  
Irivuzumugabe  
*Making Rounds with Oscar*/Dosa

### DVDs

*The Men Who Stare at Goats*  
*The Blind Side*  
*Sherlock Holmes*  
*Precious*  
*Boondock Saints II*  
*Up in the Air*  
*Old Dogs*  
*Capitalism: a love story*  
*New Moon*

### Music

*Play On*/Underwood  
*Jennifer Hudson*/Hudson  
*I Dreamed a Dream*/Boyle

### Childrens

*Fancy Nancy's Elegant Easter*/  
O'Connor  
*Finn Throws a Fit*/Elliott  
*A Nervous Night*/Manushkin  
*Skateboard Sonar*/Stevens  
*Bran Hambric: the Farfield Curse*/  
Nation  
*The Crossroads*/Grabenstein  
*The Penguin Problem*/Klein

### Young Adult

*Sacred Scars*/Duey  
*The Vampire Diaries series*/Smith  
*Web 2.0*/Willis, ed.  
*Viola in Reel Life*/Trigiani  
*The Carbon Diaries series*/Lloyd  
*Hush, Hush*/Fitzpatrick  
*The Tear Collector*/Jones  
*Chasing Brooklyn*/Schroeder



For a list of the Most Requested  
Books, Audiobooks and Movies,  
go to [http://www.cmars.org/  
booklists/boldsc.html](http://www.cmars.org/booklists/boldsc.html)